

Ostrobothnia TE Office - information for international students

8/2024

What is TE Office?

Employment and Economic Development Office (TE Office) is a state authority that organizes and produces employment and economic development services for unemployed jobseekers, employers, and entrepreneurs.

TE Offices help jobseekers to find work quickly, improve the availability of a skilled workforce, and safeguard companies' operating environments.

There are 15 regional TE Offices in Finland. Ostrobothnia TE Office operates in Ostrobothnia and Central Ostrobothnia. From January 2025 onwards TE Offices no longer exist. All the services will be under the responsibility of municipalities.

Registration

If you become unemployed, register at the TE Office on the first day of unemployment. For full-time students, it is the next day of graduation. You can also register beforehand if you know when you will become unemployed.

Who can register?

Registration requires that you have the right to services:

- You are an EU/EEA country national or family member
- Other than EU/EEA nationals:
 - You have a valid residence permit that does not have employer-related restrictions
 - *A residence permit can be type: A, B, P or P-EY*
- You are unemployed and available for the job market
 - *Full-time students are not considered as unemployed*
- You can accept work or training that is offered
- If you have registered and fill in the conditions you may have the right to unemployed benefits
 - Receiving unemployed benefits is always conditional on many factors.



TE services for registered job seekers

Once you have registered as a job seeker, you are entitled to public employment services, which are determined by your service needs. TE Office offers various kinds of TE services, such as career coaching, job search training, individual coaching, labor market trainings, integration trainings, etc. Please find more information about the services at [Ostrobothnia TE Services website](#).

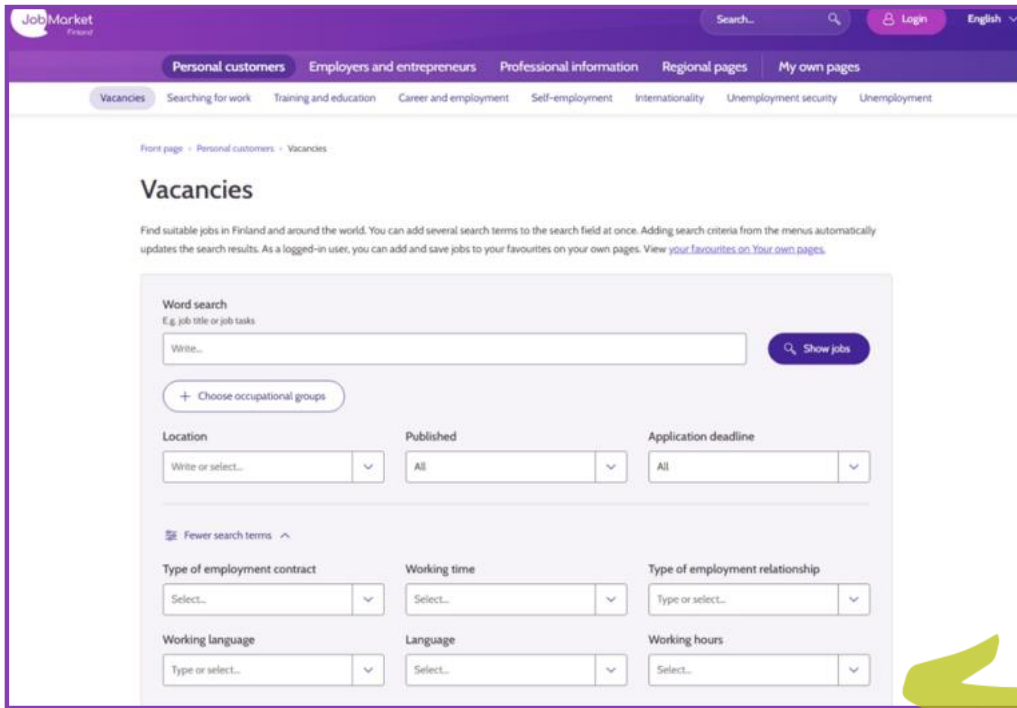


Where to find open jobs?

Use various channels to find open vacancies! Check also social media and companies' own websites.

- **työmarkkinatori.fi**

- Työmarkkinatori is a well-known open vacancy website in Finland and contains thousands of open vacancies all around Finland. It contains open vacancies that are reported to TE Offices.

The screenshot shows the 'JobMarket Finland' website. The top navigation bar includes 'Personal customers', 'Employers and entrepreneurs', 'Professional information', 'Regional pages', and 'My own pages'. Below this, there's a 'Vacancies' section with a search bar and various filters. The search bar is labeled 'Word search' and has a placeholder 'Write...'. To the right of the search bar is a 'Show jobs' button. Below the search bar, there are several filter categories: 'Location', 'Published', 'Application deadline', 'Type of employment contract', 'Working time', 'Type of employment relationship', 'Working language', 'Language', and 'Working hours'. Each category has a dropdown menu. A green arrow points from the list of filters on the right towards the screenshot.

You can narrow your search by...

- *location*
- *field*
- *length (permanent, fixed-term, seasonal work, summer job)*
- *working hours (full-time, part-time)*
- *employment relationship*
- *working time*
- *etc.*

- **workinfinland.com** - jobs for English speaking professionals
- **valtiolle.fi** - government jobs
- **kuntarekry.fi** - municipal sector jobs
- **duunitori.fi**
- **jobly.fi**

Temporary agency work (vuokratyö)

Temporary agency work is quite common in Finland. If you are looking for any kind of job, check job rental companies and their openings.

There are dozens of job rental companies, such as Academic Work Finland, Adecco Finland Vaasa, Agentor, Barona, Biisoni, Bolt.Works, Carrot, Eezy, Go On Services, HR Satama Finland, JWD Palvelut, Manpower, NJC Henkilöstöpalvelut, Rekrydiili, Rekrymesta, SOL Henkilöstöpalvelut, StaffPoint, Taitorent, Temp-Team Finland, TP Avuksenne, Worker Pohjanmaa, YES Your Excellent Staff, etc. Check the full list of all member companies of job rental company union [Employment Industry Finland \(henkilostoala.fi\)](https://henkilostoala.fi).

The most convenient website to start exploring temporary agency work is [Työmarkkinatori](https://tyomarkkinatori.fi), because most of the open vacancies are announced there (Type of employment relationship --> Temporary agency work).

Other useful information

TE-live

TE-live is an interactive information channel by TE Office. It produces online broadcasts on various themes, such as company presentations, job advertisements and information about TE services. All broadcasts (past and upcoming) can be found on [TE-live website](#).

Here are some examples – highly recommended!

- [Talent Boost for international students: find your Finnish future!](#)
- [Northern Dream Makers \(starting a business as a foreigner in Finland\)](#)
- [Finnish Working Culture](#)
- [How to find & apply for the jobs, the Finnish way!](#)
- [How to find your skills for the jobs](#)
- [LinkedIn in job search](#)
- [Working in Finland - why and how to learn Finnish?](#)

Events and campaigns

Did you know that there are various kinds of onsite and online recruitment and/or networking events organized regularly? Follow the advertising at your own higher education institution or at [Talent Coastline website](#).

Events are great opportunities to meet employers and/or other interesting people. Also check campaigns, such as [#employtheyouth campaign](#) by Ostrobothnia Chamber of Commerce that challenges all companies in Ostrobothnia and Central Ostrobothnia to employ young people during the summer.

Don't miss these!

Tips for job seeking

- **Step outside the usual boundaries, your comfort zone**
 - Expand your job search area both physically and mentally
- **Take advantage of the different channels**
 - Use your network to network
- **Know yourself**
 - Assess what are your strengths, your skill set, your marketable assets
 - Prepare your marketing strategy
- **Know the job market**
 - Finding a job is easier if you are familiar with the labour market
 - Find out which sectors and companies are offering work now and in the future
- **Keep updating your CV and cover letter**
 - Always modify your CV and cover letter to fit the job you are applying for
- **Be proactive and resourceful!**
 - According to some studies ~70 percent of the jobs are "hidden" (=never announced public)
 - Look around for interesting companies in your everyday life.



JOB SEARCH GUIDE 2024

tyomarkkinatori.fi



More information:

Ave Reitalu | Ostrobothnia TE Office
ave.reitalu@te-toimisto.fi | 029 5056054